



# Monthly Newsletter

May Issue

## EXECUTIVE DIRECTOR'S GREETING

**Dear SPM Team,**

We extend our sincere thanks to every member of our staff for your dedication, teamwork, and unwavering commitment to resident safety and well-being throughout the winter flu season. Your vigilance, professionalism, and compassionate care made it possible to achieve an outbreak-free season, a remarkable accomplishment that reflects the highest standards of service and responsibility. Because of your hard work and consistent adherence to best practices, our residents were protected and supported, and we can now move forward to providing care mask-free—a milestone you have truly earned. Your efforts have made a meaningful difference, and we are deeply grateful for all that you do every day.

**Nancy**



Group gardening



Birthday celebration!

# EMPLOYEE RECOGNITION AND LONG SERVICE



In May, we celebrate National Nurses' Week, PSW day, and Physiotherapy month! These team members demonstrate continuous efforts to improve quality of life for residents of Sherwood Park Manor by supporting our vision, "A choice to celebrate living". Thank you to all for your unwavering compassion and dedication to residents.



Celebrating Administrative Professionals and National Hairstylist Appreciation Day

We also celebrate long service this month. We have several staff members who will receive their 5, 10, and 15 year pins! Congratulations to all and thank you for your service to Sherwood Park Manor.

<b>5 Years</b>		<b>10 Years</b>	
Christine Beach	Gina Birtch	Genelyn Aydoc-Barcier	
Nicole Cholette	Chona Condez	Carrie Boisvenue	
Lori Jones	Jessica Pilkington	<b>15 Years</b>	
Tina McGonegal	Gurpreet Kaur	Steffanie Burley	
Amber Knapp	Sophia Rossetti		

## IMPORTANT DATES

<b>May 7</b>	<b>Mother's Day Luncheon</b>
<b>May 10</b>	<b>Mother's Day</b>
<b>May 11-17</b>	<b>National Nurses' Week!</b>
<b>May 18</b>	<b>Victoria Day</b>
<b>May 19</b>	<b>National PSW day</b>
<b>May 19</b>	<b>Resident's Council at 1:30pm</b>
<b>May 20</b>	<b>Long Service Awards</b>
<b>May 26</b>	<b>Fulford Museum Outing</b>
<b>May 27</b>	<b>Birthday Party at 2pm</b>

# THANK YOU, STUDENTS AND PRECEPTORS

At Sherwood, we are lucky to host PSW, nursing, office admin, physiotherapy, and life enrichment students throughout their placements. Extra hands on the floor benefit residents and staff, and students gain a valuable learning experience. Given the influx of students lately, I wanted to thank our Sherwood staff who graciously share their knowledge with students who are following in their footsteps.

Hanna Kentfield, Clinical Educator



REGISTER NOW! **AUGUST 7**  
*The Manor Classic*

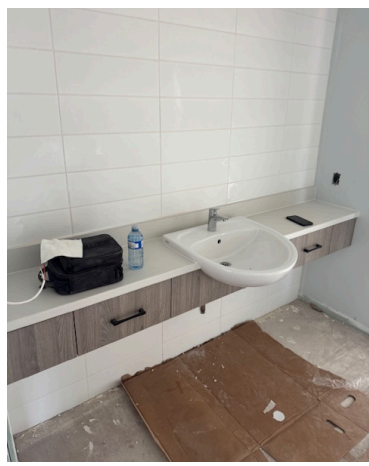
# FUNDRAISING UPDATES

We are thrilled to announce that registration for The Manor Classic golf tournament is officially open to all! Whether you're a seasoned pro or a casual golfer, we invite you to join us on the green for a day of sport, community, and support for a great cause. Secure your spot today by visiting our official registration page at [the-manor-classic.raiselysite.com](http://the-manor-classic.raiselysite.com).



SAVE THE DATE! **JUNE 7**  
*Brunchtime Bingo*

The excitement doesn't stop there! Be sure to save the date for Bingo Brunch on June 7 at Boston Pizza. Set to be a fantastic morning filled with delicious eats and friendly competition. We have exciting prize money up for grabs and incredible raffle items to be won.













# REDEVELOPMENT UPDATE

Progress continues on the redevelopment! JSCM has started putting mop sinks in the housekeeping rooms. On the second-floor, toilets and sinks have all been installed in resident's washrooms and doors are underway.



# MAY 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
3 Virtual Spiritual Sing a long 10:30am <b>Musical Ball Pass 2pm</b> Pet Therapy pm	4 Walking Program 9-noon Exercise Class 10am Frisbee Throw 2pm Mandala ART 2pm iPod for Memories pm <b>Ladies Night 6:30pm</b>	5 Exercise Class 10am Racquetball 10:30am Healing Scents 10:30am <b>Bowling/Hockey 2pm</b> Montessori Activities 2pm Tea and Toast 6:30pm	6 Walking Program 9-noon Exercise Class 10am Sing a long with Sue 1:30pm Jeopardy 2pm <b>Mobii Magic 2pm</b> iPod for Memories pm Movie Night 6pm	7 Exercise Class 10am <b>Mothers Day Luncheon noon</b> Theopneustic Music 1:30pm Trivia 2pm Car Racing 2pm Doll Therapy 2pm iPod for Memories pm Evening Art 6pm Documentary Night 6:30pm	1 Walking Program 9-noon Exercise Class 10am <b>Bingo 2pm</b>  8 Walking Program 9-noon Exercise Class 10am <b>Bingo 2pm</b> 	2 Board Games 10:30am <b>Name That Tune 2pm</b>
10 <b>Happy Mothers Day</b> Storytelling 10:30am <b>Name the Tune 2pm</b> Pet Therapy pm	11 Walking Program 9-noon Exercise Class 10am Church Service 11am <b>Baking 2pm</b> Hockey 1pm 2pm iPod for Memories pm Mobii- Bean Bag Toss 6:15pm	12 Exercise Class 10am Board Games 10:30am Reading Group 10:30am <b>Shopping 1-4pm</b> Tea and Toast 6:30pm	13 Walking Program 9-noon Exercise Class 10am <b>Pub Day with Bad Habitude 2pm</b> iPod for Memories pm 	14 Exercise Class 10am Mexican Bingo 10:30am Storytelling 10:30am Sing a long with Sue 1:30pm <b>Mobii Magic 2pm</b> Card Games 2pm iPod for Memories pm Pathways Music 6:30pm Documentary Night 6:30pm	15 Walking Program 9-noon Exercise Class 10am <b>Bingo 2pm</b> 	16 Colouring 10:30am <b>This or That 2pm</b>
17 Virtual Spiritual Sing a long 10:30am <b>Volleyball/Tennis 2pm</b> Pet Therapy pm	18  <b>Victoria Day Craft 10:30am</b> Trivia 2pm	19 Exercise Class 10am Racquetball 10:30am Healing Scents 10:30am <b>Residents Council 1:30pm</b> Doll Therapy 2pm Tea and Toast 6:30pm	20 Walking Program 9-noon Exercise Class 10am <b>Staff Service Awards 2pm</b> iPod for Memories pm Movie Night 6pm 	21 Exercise Class 10am Puzzles/Word Search 10:30am Ball Toss 10:30am <b>Patio Flower Gardening 2pm</b> iPod for Memories pm Evening Art 6pm Documentary Night 6:30pm	22 Walking Program 9-noon Exercise Class 10am <b>Bingo 2pm</b> 	23 Doll Therapy 10:30am <b>Storybuilding 2pm</b>
24 Virtual Spiritual Sing a long 10:30am <b>Bean Bag Toss 2pm</b> Pet Therapy pm	25 Walking Program 9-noon Exercise Class 10am Church Service 11am Ice Cream Making 2pm <b>Mobii Magic 2pm</b> iPod for Memories pm <b>Tim Hortons Night 6:30pm</b>	26 Exercise Class 10am <b>Fulford Museum Outing 11am-3pm</b>  Tea and Toast 6:30pm	27 Walking Program 9-noon Exercise Class 10am <b>Birthday Party with Etienne Dumont 2pm</b> Family Council 2:30pm iPod for Memories pm Movie Night 6pm 	28 Exercise Class 10am Mexican Bingo 10:30am Storytelling 10:30am Card Games 2pm Sensory Montessori 2pm iPod for Memories pm Pathways Music 6:30pm <b>Documentary Night 6:30pm</b>	29 Walking Program 9-noon Exercise Class 10am <b>Bingo 2pm</b> 	30 Board Games 10:30am <b>Mobii Magic 2pm</b>
31 Arts and Crafts 10:30am <b>Wheel of Fortune 2pm</b> Pet Therapy pm						