



SHERWOOD PARK MANOR

IMPORTANT UPDATES:

Please remember, for community and overnight outings, the Charge Nurse **must** be contacted 24-48 hours in advance. This is to allow medications, treatments, and hygiene tasks to be completed.

613-342-5531 x103.



Christmas Approaching

With Christmas around the corner, there is concern of an influx of missing items. Please make sure you inform the front office about any gifted items, so that they can be added to the residents' personal belongings list. Additionally, please make sure all gifted clothing items are properly labelled before providing them to the residents, to avoid being lost in the laundry.

Please note, as well, that Dietary will not have the ability to provide meals for family members over the holidays. You may still bring in your own meals and enjoy them with your loved ones, space permitting. Please contact Connie Hoyland, extension 116, for any further information.

Christmas Parades

The Manor will be involved in two different Christmas Parades this year. The Prescott Parade will be held November 15th, at 7pm. The Brockville Parade will be held November 16th, at 4pm.

We welcome anyone who wishes to attend and support our float and involvement.

Respiratory (Flu) Season

As we move into the colder months of the year, we find ourselves also in the season for respiratory sickness. The Manor wishes to remind you to stay home if you feel unwell or are experiencing symptoms of illness. Additionally, we urge you to be aware and follow any Infection Control guidelines posted in the Manor.

Vaccinations are now available, and the required paperwork has been included with this newsletter.



Redevelopment Update

The new addition to the Manor is beginning to take some real definitive shape. We have all concrete floors placed, structural steel construction nearly completed, and steel studding is being installed to form the exterior of the building.

We look forward to the total exterior being closed in for the winter, so construction can continue uninterrupted.

Resident Events

Residents will be enjoying breakfast club on November 6th, a Remembrance Day Service at 2pm on November 11th, Christmas Decorating activities from November 25-28th, and a Choir visit from 'The Whole Earth Choir' at 10am on November 30th.

Removal of Clothing Donation Bin

The Clothing Donation Bin out front of the Manor has been removed and will no longer be available for drop off.

If you intended to donate, please address your efforts to your local Goodwill or like establishment.

IMPORTANT UPDATES:









If you intend to come for a meal, whether it is to eat with a loved one or to sit with them, you must still book the time via the online Meal Booking page, or via the front office.

Please make sure you contact the Manor before your visit.



November 2024



| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
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| <p>3 Mexican Games 10:30am Current Events 10:30am</p> <p>Reading Library 2pm Jeopardy 2pm</p> | <p>4 Walking Program 9-noon Exercise Class 10am</p> <p>Food Around the World 2pm iPod for Memories pm Trivia Night 6:30pm</p> | <p>5 Exercise Class 10am Menu Committee Meeting 10am Brain Games 10:30am Mandala Art 10:30am Down Memory Lane 2pm Bowling/Hockey 2pm Tea and Toast 6:30pm</p> <p>12 Exercise Class 10am This or That 10:30am Mexican Bingo 10:30am</p> <p>Shopping 1pm Tea and Toast 6:30pm</p> <p>19 Exercise Class 10am Mandala Art 10:30am</p> <p>Resident Council 1:30pm Tattoo Studio 2pm Volleyball/Tennis 2pm Tea and Toast 6:30pm</p> <p>26 Exercise Class 10am Christmas Decorating</p>  <p>Tea and Toast 6:30pm</p> | <p>6 Administration Breakfast 8am Exercise Class 10am Verbal Charades 2pm Sensory Montessori 2pm Card Games 2pm iPod for Memories pm Movie Night 6pm</p> <p>13 Walking Program 9-noon Exercise Class 10am Silly Stories 10:30am Therapeutic Music 1:30pm Birthday Party with Jumpin Jimmy Leroux 2pm iPod for Memories pm Movie Night (Hot Frosty) 6pm</p> <p>20 Walking Program 9-noon Exercise Class 10am What's in the Bag 10:30am Music with Bad Hattitude 2pm Family Council 3pm iPod for Memories pm Movie Night 6pm</p> <p>27 Exercise Class 10am Storytelling 10:30am</p> <p>Pub Day with Ron Edgely 2pm</p>  <p>Movie Night 6pm</p> | <p>7 Exercise Class 10am Manicures 10am Puzzles/Wordsearch 10:30am Music with Tom Vallette 2pm iPod for Memories pm Pathways Music 6:30pm</p> <p>14 Exercise Class 10am Manicures 10am Board Games 10:30am Sing a long with Sue 1:30pm iPod for Memories pm Card Games 2pm Pathways Music 6:30pm</p> <p>21 Exercise Class 10am Manicures 10am Puzzles/Wordsearch 10:30am Sing a long with Sue 1:30pm Card Games 2pm iPod for Memories pm Pathways Music 6:30pm</p> <p>28 Exercise Class 10am Christmas Decorating</p>  <p>Pathways Music 6:30pm</p> | <p>8 Walking Program 9-noon Exercise Class 10am Boxing 10:30am Touch Screen Games 10:30am Hockey 1on1 20m Bingo 2pm</p> <p>15 Walking Program 9-noon Exercise Class 10am Boxing 10:30am Bingo 2pm</p> <p>22 Walking Program 9-noon Exercise Class 10am Boxing 10:30am Touch Screen Games 10:30am Bowling 1on1 2pm Bingo 2pm</p> <p>29 Walking Program 9-noon Exercise Class 10am Boxing 10:30am Bingo 2pm</p> | <p>9 Reading Group 10:30am Baking 2pm</p> <p>16 Exercise Class 10am Music Jam 10:30am Wood Crafts 2pm Knitting Group 2pm</p> <p>23 Montessori Activities 10:30am Ice Cream Making 2pm</p> <p>30 The Whole Earth Sings Choir 10am Random Acts of Kindness 2pm Knitting Group 2pm</p> |
| <p>10 Healing Scents 10:30am Nursery Hour 2pm</p> <p>17 Karaoke 10:30am Reading Library 2pm Jeopardy 2pm</p> <p>24 Reading Group 10:30am Healing Scents 2pm</p> | <p>11 Racquetball 1on1 10am Church Service 11am Remembrance Day Service 2pm</p>  <p>18 Walking Program 9-noon Exercise Class 10am</p> <p>25 Exercise Class 10am Church Service 11am Christmas Decorating</p>  | <p>21 Exercise Class 10am Manicures 10am Puzzles/Wordsearch 10:30am Sing a long with Sue 1:30pm Card Games 2pm iPod for Memories pm Pathways Music 6:30pm</p> <p>28 Exercise Class 10am Christmas Decorating</p>  <p>Pathways Music 6:30pm</p> | <p>6 Administration Breakfast 8am Exercise Class 10am Verbal Charades 2pm Sensory Montessori 2pm Card Games 2pm iPod for Memories pm Movie Night 6pm</p> <p>13 Walking Program 9-noon Exercise Class 10am Silly Stories 10:30am Therapeutic Music 1:30pm Birthday Party with Jumpin Jimmy Leroux 2pm iPod for Memories pm Movie Night (Hot Frosty) 6pm</p> <p>20 Walking Program 9-noon Exercise Class 10am What's in the Bag 10:30am Music with Bad Hattitude 2pm Family Council 3pm iPod for Memories pm Movie Night 6pm</p> <p>27 Exercise Class 10am Storytelling 10:30am</p> <p>Pub Day with Ron Edgely 2pm</p>  <p>Movie Night 6pm</p> | <p>7 Exercise Class 10am Manicures 10am Puzzles/Wordsearch 10:30am Music with Tom Vallette 2pm iPod for Memories pm Pathways Music 6:30pm</p> <p>14 Exercise Class 10am Manicures 10am Board Games 10:30am Sing a long with Sue 1:30pm iPod for Memories pm Card Games 2pm Pathways Music 6:30pm</p> <p>21 Exercise Class 10am Manicures 10am Puzzles/Wordsearch 10:30am Sing a long with Sue 1:30pm Card Games 2pm iPod for Memories pm Pathways Music 6:30pm</p> <p>28 Exercise Class 10am Christmas Decorating</p>  <p>Pathways Music 6:30pm</p> | <p>8 Walking Program 9-noon Exercise Class 10am Boxing 10:30am Touch Screen Games 10:30am Hockey 1on1 20m Bingo 2pm</p> <p>15 Walking Program 9-noon Exercise Class 10am Boxing 10:30am Bingo 2pm</p> <p>22 Walking Program 9-noon Exercise Class 10am Boxing 10:30am Touch Screen Games 10:30am Bowling 1on1 2pm Bingo 2pm</p> <p>29 Walking Program 9-noon Exercise Class 10am Boxing 10:30am Bingo 2pm</p> | <p>9 Reading Group 10:30am Baking 2pm</p> <p>16 Exercise Class 10am Music Jam 10:30am Wood Crafts 2pm Knitting Group 2pm</p> <p>23 Montessori Activities 10:30am Ice Cream Making 2pm</p> <p>30 The Whole Earth Sings Choir 10am Random Acts of Kindness 2pm Knitting Group 2pm</p> |