

## Code Blue – Medical Emergency

To ensure all medical emergencies are responded to by designated staff, carrying out procedures consistent with current Heart & Stroke guidelines.

### Procedure:

1. Upon discovering the emergency:
  - Call out for help and assign someone to use the closest fire panel and page “CODE BLUE, area of the building and specific location” three times.

#### Example: ‘Code Blue, East Wing, Tub Room’ x3

- If there is no one in the immediate area to assist, go and make the call on the emergency equipment as above. Return to the individual requiring assistance.
  - If after hours, call the nurse in-charge directly at ext. 103.
2. Upon hearing the page for ‘CODE BLUE:
    - The nurse in charge will assign someone to bring the emergency response cart & AED to assist. This equipment is located at the main nursing station and the North nursing station.
  3. The nurse in charge upon arrival to the location will direct the code and ensure appropriate resuscitation endeavors and 911 is called.
  4. If the medical emergency involves a resident, the nurse in charge will direct the nurse lead for the unit from which the resident/tenant lives to:
    - Complete the transfer form and give a complete report to ambulance attendants prior to transfer to hospital.

- Notify the P.O.A. / substitute decision maker.
- Inform physician of transfer.

5. The nurse in charge will ensure that all emergency equipment is replenished/cleaned following the emergency (i.e. oxygen tanks, suction machines) and checked against the inventory sheet found on the cart.
6. The nurse in charge will initiate an incident report.

## References

American Heart Association (2020), *Highlights of the 2020 American Heart Association Guidelines for CPR and ECC. Heart & Stroke Foundation of Canada Edition.*



# Hands-Only CPR

## Three steps you can handle



**Phone 9-1-1  
and shout  
for an AED.**

**Don't delay – ACT!**

If no one is around,  
use your mobile  
phone on speaker  
mode to call 9-1-1.



**Push hard  
and fast in  
the centre  
of the chest.**

Apply 100 to 120 beats per  
minute by thinking of the  
beat of songs like *Stayin'  
Alive*, *Running Up That Hill*  
or *Crazy in Love*.

Don't stop until help arrives,  
an AED is found, or the  
person begins to respond.



**Use an AED  
as soon as  
one is  
available.**

An AED is safe and  
simple to use. The  
device delivers an  
electrical shock  
to the heart, only if  
needed. Just turn  
it on and follow the  
voice prompts.

If you see someone suddenly collapse or if they're unresponsive,  
you can save their life using your phone, your hands and your wits.

**Don't hesitate – you can't hurt, you can only help.**

[heartandstroke.ca/cpr](http://heartandstroke.ca/cpr)



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