ISSUE: 8, VOLUME: 11

SHERWOOD PARK MANOR

IMPORTANT UPDATES:

Please remember, for community and overnight outings, the Charge Nurse must be contacted 24-48 hours in advance. This is to allow medications, treatments, and hygiene tasks to be completed.

613-342-5531 x103.

Rate Reductions

Rate Reduction applications and renewals are due by the end of August. Should you fail to renew your application or submit it before the month-end, there are potential financial penalties.

If you are required to renew your application, meaning you were provided with a reduced rate in the 2023-2024 fiscal period, please do not hesitate to bring the required information into the front office. We require your 2023 Notice of Assessment (NOA), which is provided by the CRA at the completion of your tax return. The written application for rate reduction can be completed on-site, with our assistance if necessary.

Sherwood Park Annual Golf Tournament

The Sherwood Park Annual Golf Tournament will be held on August 16th @ 4pm. It is a 9-hole tournament with dinner/entertainment and is to be held at Prescott Golf Club. There will be a 50/50 draw, silent auction, and prizes to be won!

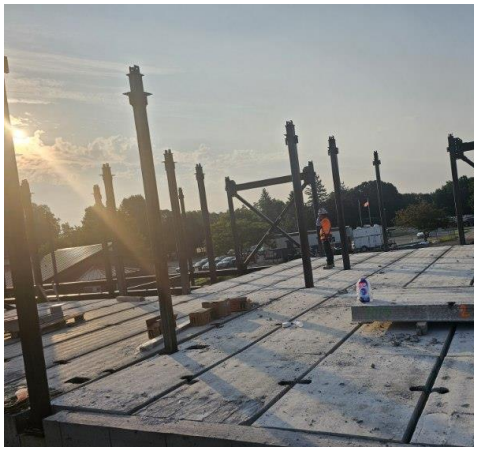
Registration is available on our website and will be open until August 9th. Sponsorships for holes, challenges, auction items, and premium recognitions are still available.

We hope to see you there, and feel free to spread the message far and wide!

The Chicken Dinner, Snoezelen Fundraiser

The Chicken Dinner fundraising event was yet again a huge success! Thanks to everyone who purchased a ticket, and who was involved in making the event a possibility.

There is potential for another BBQ event this year, so further updates will be provided when they are available.



Redevelopment Update

Excitingly, construction crews are beginning to saddle up large portions of precast concrete sections, in order to structurally create our second floor with the help of cranes.

We look forward to the completion of the concrete structure of the 1st and 2nd floors.

Resident Events

During July, we provided the residents with some great fun. Canada Day was celebrated with a party, we had a milkshake day, and we took the residents out to the Railway Tunnel and lunch. Also, we were happy to have Cowboy Mark visit to provide some musical entertainment. He was a huge hit with everyone.

In August, some highlights will include a trip to Ribfest, Cornfest, and a Karaoke Party on the civic holiday. See the resident calendar attached, or online for more information on planned events/activities.

IMPORTANT UPDATES:

Sherwood Park Manor's Annual Golf Tournament has limited spots for both Sponsorships and Golfers.

Please, if you intend to be involved, do not hesitate to register on our website.

Availability is filling up quickly.

August 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Exercise Class 10am Manicures 10am Puzzles and Wordsearch 10:30am iPod for Memories am **Sing a long with Sue 1:30pm** Card Games 2pm Pathways Music 6:30pm	2 Walking Program 9-noon Exercise Class 10am Touch Screen Games 10:30am Boxing 10:30am Hockey 1on1 2pm Scrapbooking 2pm **Bingo 2pm**	3 **Ice Cream Making 10:30am**
4 Healing Scents 10:30am Nursery Hour 2pm **Water Colour Painting 2pm**	5 Exercise Yoga 10:30am **Karaoke Party 2pm** iPod for Memories pm	6 Exercise Class 10am Mexican Bingo 10:30am Garden Adventure 10:30am Pipe Cleaner Craft 10:30am Great Waterway Hearing 1:30-4pm **A Look into the Past 2pm** Bean Bag Toss 2pm Tea and Toast 6:30pm	7 Walking Program 9-noon Exercise Class 10am Ball Toss 10:30am **Bowling/Hockey 2pm** Verbal Charades 2pm iPod for Memories pm Movie Night 6pm	8 Exercise Class 10am Balloon Racquetball 10:30am iPod for Memories am Ribfest 11-3pm Pathways Music 6:30pm	9 Walking Program 9-noon Exercise Class 10am Boxing 10:30am Crystal Art 10:30am **Treat Day 2pm**	10 Exercise Class 10:30am **Brain Games 10:30am** Knitting Group 2pm Reading Library 2pm
11 News and Views 10:30am **Song Trivia 10:30am** Jeopardy 2pm Interactive Patio Experience 2pm	12 Walking Program 9-noon Exercise Class 10am Church Service 11am **Food Around the World 2pm** Balloon Baseball 2pm iPod for Memories pm Music Jam 6:30pm	13 Chiropodist Exercise Class 10am Mandala Art 10:30am Crafting Poems 10:30am **Shopping 1-3:30pm** Tea and Toast 6:30pm	14 Walking Program 9-noon Exercise Class 10am Storytelling 10:30am **Birthday Party with Jumpin Jimmy Leroux 2pm** iPod for Memories pm **Cornfest 5pm** Movie Night 6pm	15 Exercise Class 10am Manicures 10am Puzzles and Wordsearch 10:30am iPod for Memories am **Bowling/Hockey 2pm** Card Games 2pm Pathways Music 6:30pm	16 Walking Program 9-noon Exercise Class 10am Touch Screen Games 10:30am Boxing 10:30am Sensory Montessori 2pm Scrapbooking 2pm **Bingo 2pm**	17 **Ball Toss 10am**
18 Healing Scents 10:30am Nursery Hour 2pm **Bird Feeder Making 2pm**	19 Walking Program 9-noon Exercise Class 10am Bean Bag Toss 10:30am Crystal Art 10:30am Scavenger Hunt 2pm **Volleyball/Tennis 2pm** iPod for Memories pm Ladies Night 6:30pm	20 ISmile 9:30am-2:30pm Exercise Class 10am Mexican Bingo 10:30am Clay Impression Craft 10:30am Garden Adventure 10:30am **Men's Beerfest 2pm** Tea and Toast 6:30pm	21 Walking Program 9-noon Exercise Class 10am Ball Toss 10:30am Therapeutic Music 1:30pm **Pub Day with Tom Vallequette 2pm** iPod for Memories pm Movie Night 6pm	22 Exercise Class 10am Manicures 10am Random Acts of Kindness 10:30am iPod for Memories am **Sing a long with Sue 1:30pm** Card Games 2pm Pathways Music 6:30pm	23 Walking Program 9-noon Exercise Class 10am Boxing 10:30am Fishing Game 10:30am **Treat Day 2pm**	24**Brain Games 10:30am** Knitting Group 2pm
25 Montessori Art 10:30am **Karaoke 10:30am** Reading Library 2pm Jeopardy 2pm	26 Walking Program 9-noon Exercise Class 10am Church Service 11am **Food Four Ways 2pm** Lawn Throw 2pm iPod for Memories pm Tim Hortons Night 6:30pm	27 Exercise Class 10am Mandala Art 10:30am Crafting Poems 10:30am Suncatcher Making 10:30am Tattoo Studio 2pm **Volleyball/Tennis 2pm** Origami 2pm Tea and Toast 6:30pm	28 Walking Program 9-noon Exercise Class 10am Storytelling 10:30am Therapeutic Music 1:30pm **Down Memory Lane 2pm** Darts 1on1 2pm iPod for Memories pm Movie Night 6pm	29 Exercise Class 10am Manicures 10am Puzzles and Wordsearch 10:30am iPod for Memories am **Sing a long with Sue 1:30pm** Card Games 2pm Pathways Music 6:30pm	30 Walking Program 9-noon Exercise Class 10am Boxing 10:30am Scrapbooking 2pm **Bingo 2pm**	31 **Reading Group 10am**