



SHERWOOD PARK MANOR

IMPORTANT UPDATES:

Please remember, for community and overnight outings, the Charge Nurse **must** be contacted 24-48 hours in advance. This is to allow medications, treatments, and hygiene tasks to be completed.

613-342-5531 x103.



Changes to Para-Transit Services

As a reminder, please be aware that Para-Transit Services have undergone changes here at the Manor, on March 1st, 2024.

Specialized red tickets will be the only valid passes for use at the Manor, and the new rate will be 18.82 per way for all travel. All use will be billed on each respective resident's account and collected the same way as accommodation charges.

Annual Financial Seminar

The Financial Department is planning their annual seminar for **April 8th, 2024, @ 6pm.** The Seminar will be approximately 1.5-2 hours in duration, and coffee along with other refreshments will be available.

Topics that will be covered include:

- Ministry Revenue Policies
- Accommodation Rates, and Changes
- Rate Reductions
- Comfort Allowances
- Financial Strategies
- Deadlines
- Auxiliary Services

All planning to attend will also benefit from a Q&A session to complete the seminar.



IMPORTANT UPDATES:

With construction underway on the Manor premises, we ask everyone to be cognizant of the trucks and machinery that is working.

Give way to construction work at all times, and please be aware not to access any areas behind construction fencing.

Thank you!



Redevelopment Update

Foundation work continues to be underway at the Manor. Crews have made good progress in pouring the preliminary concrete for the building and clearing additional trees inhibiting the project.

Throughout March, footings will be progressing to completion and utilities will be installed.

Clothing

The Manor would like to remind families that all clothing brought upon admission and at later dates, must be dropped at the front office for labeling by laundry before it can be given to a resident.

Please make sure any clothing brought in is clearly identifiable to a specific resident. This will ensure that it is labelled correctly and makes it the intended recipient.

Resident Fundraiser

The Resident Fundraiser will be held from March 18-28. Raffle tickets will be sold at the Life Enrichment office and at a booth run by the residents from 1pm-3pm daily.













The raffle tickets can be purchased at 1 for \$2, 3 for \$5 and an arm length for \$10.

The draw will be held on March 28th at 3pm. Proceeds of the fundraiser will be going towards the new building project.

We thank everyone for their support in advance!



March 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat							
<p>3 Healing Scents 10am</p> <p>Donut Décor 2pm</p>	<p>4 Walking Program 9:00am Exercise Program 10am Word Search/Puzzles 10:30am Tattoo Studio 2pm Bowling/Hockey 2pm Montessori Activities 2pm iPod for Memories pm Music Jam 6:30pm</p>	<p>5 Exercise Program 10am Mexican Games 10:30am</p> <p>Shopping 1:30-4pm</p> <p>Tea and Toast 6:30pm</p>	<p>6 Walking Program 9:00am Exercise Program 10am Brain Games 10:30am Therapeutic Music 1:30pm Food Around the World 2pm Racquetball 2pm iPod for Memories pm Movie Night 6:00pm</p>	<p>7 Exercise Program 10am Reading Group 10am Watercolour Painting 10:30am iPod for Memories am Sing a long with Sue 1:30pm Manicures 2pm Pathways Music 6:30pm</p>	<p>1 Walking Program 9:00am Exercise Program 10am Boxing 10:30am Touch Screen Games 10:30am Catholic Mass 11am Hockey 1 on 1 2pm iPod for Memories pm Bingo 2pm </p> <p>8 Walking Program 9:00am Exercise Program 10am Boxing 10:30am iPod for Memories pm Bingo 2pm </p> <p>15 Walking Program 9:00am Exercise Program 10am Boxing 10:30am Touch Screen Games 10:30am iPod for Memories pm Random Acts of Kindness 2pm Bingo 2pm </p>	<p>2 Exercise Class 10:30am</p> <p>Nursery Hour 2pm</p> <p>9 Exercise Class 10:30am Storytelling 10:30am Mexican Games 2pm Knitting 2pm</p> <p>16 Pin the Hat on the Leprechaun 10:30am</p>  <p>Ice Cream Making 2pm</p> <p>23 Exercise Class 10:30am Storytelling 10:30am Wood Crafts 2pm Knitting 2pm</p> <p>30 Exercise Class 10:30am</p> <p>Ukulele Practice 2pm</p>							
<p>10</p> <p>Yoga 10am</p> <p>Mandala Art 10:30am</p> <p>Jeopardy 2pm</p> <p>Reading Library 2pm</p>	<p>11 Walking Program 9:00am Exercise Program 10am Church Service 11am Nursery Hour 2pm First to Seven 2pm iPod for Memories pm Music Jam 6:30pm</p> 	<p>12 Exercise Program 10am Mandala Art 10:30am</p> <p>A Look into the Past 2pm</p> <p>Bean Bag Toss 2pm</p> <p>Tea and Toast 6:30pm</p>	<p>13 Walking Program 9:00am Exercise Program 10am Ball Toss 1on1 10:30am Therapeutic Music 1:30pm St Patrick's Pub Day with Jumpin Jimmy Leroux 2pm iPod for Memories pm Movie Night 6:00pm</p> 	<p>14 Exercise Program 10am Healing Scents 10am Board Games 10:30am iPod for Memories am Sing a long with Sue 1:30pm Manicures 2pm Pathways Music 6:30pm</p>	<p>22 Walking Program 9:00am Exercise Program 10am Boxing 10:30am iPod for Memories pm Bingo 2pm </p>	<p>17</p> <p>Healing Scents 10:30am</p> <p>St. Patrick's Day</p> 	<p>18 Walking Program 9:00am Exercise Program 10am Word Search/Puzzles 10:30am Montessori Activities 2pm Tattoo Studio 2pm Bowling/Hockey 2pm iPod for Memories pm Music Jam 6:30pm</p> <p>25 Walking Program 9:00am Exercise Program 10am Church Service 11am Nursery Hour 2pm Stuck in the Mud 2pm iPod for Memories pm Music Jam 6:30pm</p>	<p>19 Exercise Program 10am Mexican Games 10:30am</p> <p>Volleyball/Tennis 2pm Painting 2pm</p> <p>Tim Hortons Night 6:30pm</p> 	<p>20 Walking Program 9:00am Exercise Program 10am Brain Games 10:30am Birthday Party with Tom Vallette 2pm iPod for Memories pm Movie Night 6:00pm</p> 	<p>21 Exercise Program 10am Manicures 10am Montessori Literacy/Math 10:30am iPod for Memories am Card Games 2pm Volleyball 2pm Pathways Music 6:30pm</p>	<p>28 Exercise Program 10am Folding/Sorting 10am Crosswords/Puzzles 10:30am iPod for Memories am Basketball 2pm Pathways Music 6:30pm</p>	<p>29</p>  <p>Exercise Class 10am iPod for Memories pm Bingo 2pm </p>	<p>24 Yoga 10am</p> <p>Bean Bag Toss 10:30am</p> <p>Jeopardy 2pm</p> <p>Reading Library 2pm</p> <p>31 Healing Scents 10am</p> <p>Mini Golf 2pm</p>