



SHERWOOD PARK MANOR

IMPORTANT UPDATES:

Please remember, for community and overnight outings, the Charge Nurse **must** be contacted 24-48 hours in advance. This is to allow medications, treatments, and hygiene tasks to be completed.

613-342-5531 x103.



CHANGES TO PARA-TRANSIT SERVICES

As many of you may be aware, the City of Brockville has taken over the operation and management of the local para-transit services. With this change, there will be new fee rates – to be announced at a later date – and new procedures here at the Manor.

What we do know at this moment: starting March 1st we will be returning to a ticket-based service. This means that all transit services must still be booked in advance – preferably 48 hours – with the Charge Nurse (Main Nursing Station), and a ticket will be provided to access the Transit Vehicle at the time of travel. The tickets being used at the Manor will be unique compared to other facilities, and the general public. Only these tickets will be valid from our location.

SOCIAL MEDIA UPDATES

We are happy to announce that we have tasked a current employee – Jordyn Thompson – with the management of our social media accounts. Going forward, our Facebook profile will be updated regularly with personal content and our X (twitter) account will be updated with relevant status changes in the Manor.

Individuals have already started engaging with our posts, so please take the time to stay in the know with what is occurring at the Manor.

ANNUAL FINANCIAL SEMINAR

The Financial Department is planning their annual seminar for April 8th, 2024. The Seminar will be approximately 1.5-2 hours in duration, and coffee along with other refreshments will be available.



Topics that will be covered include:

- Ministry Revenue Policies
- Accommodation Rates, and Changes
- Rate Reductions
- Comfort Allowances
- Financial Strategies
- Deadlines
- Auxiliary Services

All planning to attend will also benefit from a Q&A session to end the seminar.

IMPORTANT UPDATES:

With construction underway on the Manor premises, we ask everyone to be cognizant of the trucks and machinery that is working.

Give way to construction work at all times, and please be aware not to access any areas behind construction fencing.

Thank you!

REDEVELOPMENT UPDATE

Construction is well underway at the Manor. Thomlinson has almost finished excavation and sub-grade preparations of the building site, and our general contractor is busy with the preliminary work for the foundation footings.

By the end of February, the utilities should be installed, the footings should be complete, and the initial upward foundation work should be underway.

FUNDRAISING UPDATE

We have now reached 2,400,416.00 in total fundraising, bringing the Manor to ~50% of our goal! We ask for everyone's continued support as we look forward to another full year of fundraising efforts.

Upcoming in March, our residents will be making themed gift baskets that will be raffled off. This will occur at March-end, and all proceeds will go towards fundraising for the redevelopment. In the March newsletter we will provide more detailed information on this initiative.

ALFRED O'ROURKE'S DEPARTURE

We want to extend a grateful goodbye to Alfred O'Rourke, as he has retired from the Manor. After 11 years of quality work, we wish him a happy retirement.





February 2024



Sun

Mon

Tue

Wed

Thu

Fri

Sat

Sun	Mon	Tue	Wed	Thu	Fri	Sat
4 Baking 10am Ukulele Practice 2pm	5 Walking Program 9-noon Exercise Program 10am First To Seven 2pm Montessori Activities 2pm iPod for Memories pm	6 Exercise Program 10am 1on1 Boxing 10am A Look Into the Past 2pm	7 Walking Program 9-noon Exercise Program 10am Storytelling 10:30am Food Around the World 2pm iPod for Memories pm Movie Night 6:30pm	8 Exercise Program 10am Reading Group 10am iPod for Memories am Manicures 2pm Pathways Music 6:30pm	9 Walking Program 9-noon Exercise Program 10am iPod for Memories pm Bingo 2pm	10 Exercise Class 10:30am Reading Group 2pm Knitting Group 2pm
11 Yoga 10am Jeopardy 2pm	12 Walking Program 9-noon Exercise Program 10am Church Service 11am Tattoo Studio 2pm Mini Golf 2pm iPod for Memories pm	13 Chiroprapist Exercise Program 10am 1on1 Boxing 10am Knitting Talk 2pm Tea and Toast 6:30pm	14 Walking Program 9-noon Exercise Program 10am Brain Games 10:30am Therapeutic Music 1:30 Pub Day With Jumpin Jimmy Leroux 2pm iPod for Memories pm Movie Night 6:30pm	15 Exercise Program 10am Healing Scents 10am Mandala Art 10:30am iPod for Memories am Sing a long with Sue 1:30pm Manicures 2pm Pathways Music 6:30pm	16 Walking Program 9-noon Exercise Program 10am Touch Screen Games 10:30am iPod for Memories pm Racquetball 1on1 2pm Bingo 2pm	17 Exercise Class 10:30am Ducks in the Chapel 2pm
18 Ice Cream Making 10am Reading Group 2pm	19 Exercise Class 10:30am Bean Bag Toss 10:30am Stuck in the Mud 2pm Montessori Practical Life 2pm iPod for Memories pm 26 Walking Program 9-noon Exercise Program 10am Church Service 11am Where To? 2pm Montessori Activities 2pm iPod for Memories pm Tim Hortons Night 6:30	20 Exercise Program 10am Mexican Games 10:30am Great Waterway Hearing 1:30-4pm A Look into the Past 2pm Bowling/Hockey 2pm Tea and Toast 6:30pm	21 Walking Program 9-noon Exercise Program 10am Birthday Party with Tom Vallette 2pm iPod for Memories pm Movie Night 6:30pm	22 Exercise Program 10am Wood Crafts 10:30am iPod for Memories am Volleyball 2pm Pathways Music 6:30pm	23 Walking Program 9-noon Exercise Program 10am iPod for Memories pm Bingo 2pm	24 Exercise Class 10:30am Knitting Group 2pm Reading Library 2pm
25 Yoga 10am Watercolour Painting 10:30am Jeopardy 2pm Puzzles/World Search 2pm		27 Exercise Program 10am Mexican Games 10:30am Sensory Montessori 2pm Knitting Talk 2pm Tea and Toast 6:30pm	28 Walking Program 9-noon Exercise Program 10am Brain Games 10:30am Ball Toss 2pm Food Four Ways 2pm iPod for Memories pm Movie Night 6:30pm	29 Exercise Program 10am Board Games 10:30am iPod for Memories am Bowling/Hockey 2pm Manicures 2pm Pathways Music 6:30pm		

1on1 activities are provided when formal programs are not in progress. Activities subject to change without notice. Please refer to large white boards by main nursing stations.