



## SHERWOOD PARK MANOR

### IMPORTANT UPDATES:

Please remember, for community and overnight outings, the Charge Nurse **must** be contacted 24-48 hours in advance. This is to allow medications, treatments, and hygiene tasks to be completed.

613-342-5531 x103.



### UPDATED CONTACT INFORMATION

We would like to request updated contact information for all the Families, Substitute Decision Makers, and Power of Attorney for each resident.

If you are such individuals, can you please email your contact information (Name, Number, and Email) to:

[nnesbitt-boucher@sherwoodparkmanor.com](mailto:nnesbitt-boucher@sherwoodparkmanor.com). This will ensure that you receive timely information about your loved one, Manor information/updates, and Ministry notices.

### SHERWOOD PARK REDEVELOPMENT

Our fundraising committee has a total amount of pledges as of December 31, 2023, of \$2,348,808. This is almost 50% of the total of \$5 million.

On the construction front we have been delayed due to a new valve requiring to be installed on the water line, as part of the fire hydrant system. It is expected to be completed the week of January 8<sup>th</sup> and then we can proceed with digging for the purposes of laying the new foundation.

### ANNUAL FINANCIAL SEMINAR

The Financial Department is planning their annual seminar for **April 2024**. A finalized date will be announced in the February newsletter.

The Seminar will be approximately 1.5-2 hours in duration, and coffee along with other refreshments will be available.



Topics that will be covered include:

- Ministry Revenue Policies
- Accommodation Rates, and Changes
- Rate Reductions
- Comfort Allowances
- Financial Strategies
- Deadlines
- Auxiliary Services

All planning to attend will also benefit from a Q&A session to end the seminar.

## IMPORTANT UPDATES:

There is a large community presence of respiratory viruses in our geographical area.

If you are not feeling well, please postpone planned visits.

All unwell visitors will be asked to vacate the premises.











## HOLIDAY FUN

The Manor held the annual Christmas Swiss Chalet Dinner for the residents and staff. Having all the individuals in the Manor share a meal was a special occasion.

Additionally, residents made it outside the Manor for a trip to see the “Alight the Night” exhibition in Upper Canada Village, and a dinner at Boston Pizza. It was a tremendous success, and everyone had a wonderful time. A special thanks goes out to the Family Council for assisting in funding the event.



# January 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Happy New Year 	2 Exercise Program 10am Mexican Games 10:30am Bowling/Hockey 2pm <b>A Look into the Past 2pm</b> Tea and Toast 6:30pm	3 Walking Program 9-noon Exercise Program 10am Storytelling 10:30am <b>First to Seven 2pm</b> Art 2pm iPod for Memories pm Movie Night 6pm	4 Exercise Program 10am Healing Scents 10am Sensory Montessori 10:30 iPod for Memories am Sensory Montessori 2pm <b>Volleyball 2pm</b> Manicures 2pm Pathways Music 6:30pm	5 Walking Program 9-noon Exercise Program 10am Board Games 10:30am Music Jam 10:30am Catholic Mass 11am iPod for Memories pm Hockey 1on1 2pm <b>Bingo 2pm</b> 	6 Exercise Class 10:30am  <b>Reading Group 2pm</b>
7 <b>Baking 10am</b>  Manicures 2pm	8 Exercise Program 10am Church Service 11am <b>De Decorating</b> 	9 Exercise Program 10am Great Waterway Hearing 1:30-4pm <b>De Decorating</b> 	10 Walking Program 9-noon Exercise Program 10am Storytelling 10:30am Therapeutic Music 1:30pm <b>Birthday Party with Jumpin Jimmy Leroux 2pm</b> iPod for Memories pm Movie Night 6pm	11 Exercise Program 10am iPod for Memories am <b>De Decorating</b> 	12 Walking Program 9-noon Exercise Program 10am Music Jam 10:30am iPod for Memories pm <b>Bingo 2pm</b> 	13 Exercise Class 10:30am  <b>Knitting Group 2pm</b>
14 Yoga 10am  <b>Jeopardy 2pm</b>	15 Walking Program 9-noon Exercise Program 10am Food Around the World 2pm iPod for Memories pm Ladies Night 6:30pm	16 Exercise Program 10am Ball Toss 1on1 10am <b>A Look into the Past 2pm</b> Tea and Toast 6:30pm	17 Walking Program 9-noon Exercise Program 10am Storytelling 10:30am Therapeutic Music 1:30pm <b>Pub Day with Tom Valliquette 2pm</b> iPod for Memories pm Movie Night 6pm	18 Exercise Program 10am iPod for Memories am Doll Therapy 10am <b>Sing a long with Sue 1:30pm</b> 	19 Walking Program 9-noon Exercise Program 10am Music Jam 10:30am iPod for Memories pm <b>Bingo 2pm</b> 	20 Exercise Class 10:30am  <b>Ice Cream Making 2pm</b>
21 Doll Therapy 10am  <b>Mini Golf 2pm</b>	22 Walking Program 9-noon Exercise Program 10am Church Service 11am <b>Food Four Ways 2pm</b> iPod for Memories pm Trivia Night 6:30pm	23 Exercise Program 10am Brain Games 10am <b>Sing a long with Sue 2pm</b> 	24 Walking Program 9-noon Exercise Program 10am Mystery Box 10:30am Book Club 2pm <b>Duck into the Chapple 2pm</b> iPod for Memories pm Movie Night 6pm	25 Exercise Program 10am iPod for Memories am Healing Scents 10am Manicures 2pm <b>Pathways Music 6:30pm</b>	26 Walking Program 9-noon Exercise Program 10am Music Jam 10:30am iPod for Memories pm <b>Bingo 2pm</b> 	27 Exercise Class 10:30am  <b>Knitting Group 2pm</b>
28 Yoga 10am  <b>Jeopardy 2pm</b>	29 Walking Program 9-noon Exercise Program 10am <b>Wood Working 2pm</b> iPod for Memories pm Men's Night 6:30pm	30 Exercise Program 10am Ball Toss 1on1 10am Resident Council 1:30pm <b>Painting 2pm</b> Tea and Toast 6:30pm	31 Walking Program 9-noon Exercise Program 10am Storytelling 10:30am <b>Re "Treat" Day 1:30-4pm</b> iPod for Memories pm Movie Night 6pm			