



## SHERWOOD PARK MANOR

### IMPORTANT UPDATES:

Please remember, for community and overnight outings, the Charge Nurse **must** be contacted 24-48 hours in advance. This is to allow medications, treatments, and hygiene tasks to be completed.

613-342-5531 x103.

### A SEMBLANCE OF NORMALITY

A very large 'thank you' goes out to Staff, Families, Care Givers, and all others who respected the IPAC Protocols in the Manor as we navigated our COVID-19 Outbreak. With such efforts we were able to be removed from lockdown.

That said, although the Manor has been opened to the public again, we are requiring everyone to wear surgical masks within the facility. This will continue through the flu season.

### HALLOWEEN

The Manor had a Halloween gathering on Oct.31<sup>st</sup> for all the residents. Many costumes and activities were available to be enjoyed, along with a miniature haunted walk. It was a great success!

### SHERWOOD PARK REDEVELOPMENT

On Tuesday November 7, 2023, at 3pm the Minister of Long-Term Care, Stan Cho, will be at Sherwood Park Manor to speak about the start of construction of the 96-bed redevelopment. Other dignitaries will be here including Steve Clark (MPP), Brant Burrow (Mayor of Elizabethtown-Kitley), and Katherine Hobbs (Councillor City of Brockville) who is subbing in for Matt Wren (Mayor of Brockville).





Construction has begun at Sherwood Park Manor with the early work of removing topsoil, installing a temporary construction road, and installing the construction and washroom trailers.

## **CELEBRATION OF LIFE CEREMONY**

The 2022-2023 Celebration of Life Ceremony will be held on November 18, 2023, at 10:30am. The ceremony will take place in the large activity room (Chapel), near the front entrance of the Manor.

Invitations were sent out to all the families who lost loved ones, and they do request a RSVP. If you have not RSVP'd, the Manor will be contacting you to confirm your absence or attendance.

### IMPORTANT UPDATES:

As construction continues at the Manor, we ask everyone to drive in the parking lot with care in mind. Crew members will be moving around the property.

Additionally, please also keep in mind that construction vehicles have the right of way, and all fenced in areas are off limits to the Public.



Exterior South View



# November 2023



Sun	Mon	Tue	Wed	Thu	Fri	Sat
5 Yoga 10am Mandala Art 10:30am <b>Jeopardy 2pm</b> Reading Library 2pm	6 Walking Program 9-noon Exercise Program 10am Food Around the World 2pm iPod for Memories pm <b>Tim Horton's Night 6:30pm</b>	7 Exercise Program 10am Mexican Games 10:30am <b>Resident Council 1:30pm</b> Sensory Montessori 2pm Down Memory Lane 1on1 2pm Tea and Toast 6:30pm	1 Walking Program 9-noon Exercise Program 10am Storytelling 10:30am iPod for Memories am <b>Baking 2pm</b> Board Games and Puzzles 2pm First to Seven 2pm Movie Night 6pm	2 Exercise Program 10am Healing Scents 10am Halloween Trivia 10:30am iPod for Memories am Manicures 2pm <b>Volleyball 2pm</b> Pathways Music 6:15 pm	3 Walking Program 9-noon Exercise Program 10am Music Jam 10:30am Catholic Mass 11am iPod for Memories pm <b>Bingo 2pm</b>	4 Pen Pals 10am Exercise Class 10:30am <b>Wood Crafts 2pm</b> Knitting Group 2pm
12 <b>Baking 10am</b> Doll Therapy 2pm	13 Walking Program 9-noon Exercise Program 10am Church Service 11am Food Four Ways 2pm Bean Bag Toss 1on1 2pm iPod for Memories pm <b>Men's Night 6:30pm</b>	14 Exercise Program 10am Watercolour Painting 10:30am <b>Bowling/Hockey 2pm</b> Tea and Toast 6:30pm	15 Walking Program 9-noon Exercise Program 10am Storytelling 10:30am iPod for Memories am Therapeutic Music with Sue 1:30pm Montessori Sorting 2pm <b>Stuck in the Mud 2pm</b> Board Games and Puzzles 2pm Movie Night 6pm	16 Exercise Program 10am Healing Scents 10am Hockey 1on1 10:30am iPod for Memories am <b>Sing a long with Sue 1:30pm</b> Manicures 2pm Pathways Music 6:15 pm	17 Walking Program 9-noon Exercise Program 10am Music Jam 10:30am iPod for Memories pm <b>Bingo 2pm</b>	18 <b>Celebration of Life 10:30am</b> Darts 2pm Knitting Group 2pm
19 Yoga 10am <b>Watercolour Painting 10:30am</b> Jeopardy 2pm Reading Library 2pm	20 Walking Program 9-noon Exercise Program 10am Montessori Activities 2pm Verbal Charades 2pm iPod for Memories pm <b>Ladies Night 6:30pm</b>	21 Exercise Program 10am Mexican Games 10:30am <b>A Look into the Past 2pm</b> Balloon Racquetball 1on1 2pm Tea and Toast 6:30pm	22 Walking Program 9-noon Exercise Program 10am Brain Games 10:30am iPod for Memories am <b>Pub Day with Tom</b> <b>Vallequette 2pm</b> Movie Night 6pm	23 Exercise Program 10am Reading Group 10am Montessori Literacy/Math 10:30am iPod for Memories am Manicures 2pm <b>Bowling/Hockey 2pm</b> Pathways Music 6:15 pm	24 Walking Program 9-noon Exercise Program 10am Music Jam 10:30am Touch Screen Games 10:30am Reading Library 2pm iPod for Memories pm <b>Bingo 2pm</b>	25 Exercise Class 10am <b>Ducks in the Chapel 2pm</b>
26 Healing Scents 10am <b>Ice Cream Making 2pm</b>	27 Exercise Program 10am Church Service 11am Therapeutic Music 1:30pm <b>Christmas Decorating</b>	28 Chiroprapist <b>Christmas Decorating</b> Tea and Toast 6:30pm	29 Exercise Program 10am <b>Christmas Decorating</b> Movie Night 6pm	30 Great Waterway Heating Exercise Program 10am Crafts 10:30am iPod for Memories am <b>Sing a long with Sue 1:30pm</b> Manicures 2pm Pathways Music 6:15 pm		

1on1 activities are provided when formal programs are not in progress. Activities subject to change without notice. Please refer to large white boards by main nursing stations.