



SHERWOOD PARK

IMPORTANT UPDATES:

Please remember, for community and overnight outings, the Charge Nurse **must** be contacted 24-48 hours in advance. This is to allow medications, treatments, and hygiene tasks to be completed.

613-342-5531 x103.



NEW RATES & RATE REDUCTIONS

The new rates from the Ministry have been applied for the billing this month. You will see an increase in accommodation charges.

If you are currently benefiting from a rate reduction, or think you are entitled to one, please acquire the appropriate documentation from our offices to complete an application.

All applications must be received by the Manor, before August 31st, 2023, to avoid penalties. Should you miss this deadline, accommodation charge increases will be incurred for those already on rate reductions.

WEBSITE

Our new website was live as of June 2nd, 2023. You will notice a new fresh look, along with many new pages and functions.

Our booking page for tours/meals is still not operational but will be soon. As for the rest of the site, it is up and running smoothly. Please take time to navigate it and become familiar with the 'News' page. This page is where important updates will be shared on a regular basis. Also familiarize yourself with the 'Resident Calendar', as all our scheduled events will be posted there.

THE AQUARIUM TRIP

On June 26th, 2023, a group of our residents embarked on a trip to the Brockville Aquatarium. It was a great day of fun, information, and opportunities to see aquatic nature up close.

The otters were a favourite of the residents who attended.



SHERWOOD PARK REDEVELOPMENT

The Manor met with United Counties of Leeds and Grenville Council on July 5th, 2023. During that meeting we requested \$725,000 as part of the campaign to raise \$5,000,000.

Additionally, we have submitted our working drawings to the Ministry, and they are currently reviewing them. We have no feedback as of July 5th, 2023.

IMPORTANT UPDATES:

Masking is no longer a requirement within the Manor.

We all ask everyone to still respect the wishes of each individual resident, and to also respect any infection prevention measures that may be applied now, or in the future.

STAFF AWARDS



On June 29th, 2023, Sherwood Park Manor held our Staff Awards ceremony. Quite a few employees were commended for not only their years of service, but also for impeccable attendance records over the 2022 fiscal year. One employee was even given a 35 years of service award.

A big thank you goes out to all staff for their hard work and dedication, and to the residents for attending and assisting in this annual event.

DIGITAL RENDER OF THE REDEVELOPMENT



July 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
2 Yoga 10am	3 Exercise Program 10:30am	4 Exercise Program 10am	5 Walking Program 9:noon	6 Exercise Program 10am	7 Walking Program 9:noon	8 Baking 10am
Montessori Art 10:30am	The Price Is Right 2pm	Mexican Games 10:30am	Exercise Program 10am	Doll Therapy 10am	Exercise Program 10am	Canadian Trivia and Tea Party 2pm
Jeopardy 2pm		Coaster Craft 10:30am	Colouring 10:30am	Checkers 10:30am	Touch Screen Games 10am	Exercise Program 10am
Balloon Racquetball 2pm		Strawberry Hulling 1pm		Strawberry Social with Sue 2pm	Catholic Mass 11am	Down Memory Lane 2pm
9 Exercise Program 10:30am	10 Walking Program 9:noon	11 Exercise Program 10am	12 Walking Program 9:noon	Sing a long with Sue 1:30pm	Ice Cream Sundae 2pm	Manicures 2pm
Cross Stitching 10:30am	Exercise Program 10am	Bean Bag Toss 1on1 10am	Exercise Program 10am	Strawberry Rhubarb Jam 2pm	IPod for Memories pm	15 Exercise Program 10:30am
Golf 2pm	Church Service 11am	Storytelling 10am	Gardening 10:30am	Pathways Music 6:15pm		Pen Pals 10am
Reading Group 2pm	Therapeutic Music 1:30pm	Sing a long with Sue 1:30pm	IPod for Memories am	Pathways Music 6:15pm	Bingo 2pm	First to Seven 2pm
16 Yoga 10am	Snakes and Ladders 2pm	Knitting Group 2pm	Pub Day with Jumpin Jimmy Leroux 2pm	Pathways Music 6:15pm	IPod for Memories pm	Colouring and Painting 2pm
Crafts 10:30am	Montessori Literacy and Math 2pm	Tea and Toast 6:30pm	Relaxing Massage 6:15pm			22 Baking 10am
Jeopardy 2pm	Food Around the World 2pm		Movie Night 6:15pm	20 Exercise Program 10am		Exercise Program 10:30am
Darts 1on1 2pm	IPod for Memories pm	18 Exercise Program 10am	19 Walking Program 9:noon	Manicures 10am		Activities with Sheila 1:30pm
23 Exercise Program 10:30am	Women's Night 6:30pm	Storytelling 10am	Exercise Program 10am	Math Trivia 10am		Charades 2pm
Pottery 10:30am	17 Walking Program 9:noon	Mexican Games 10:30am	Bean Bag Toss 10:30am	Scrabble 10:30am		Ukulele Practice 2pm
Balloon Volleyball 2pm	Exercise Program 10am	Knitting Group 2pm	IPod for Memories am	IPod for Memories am		29 Exercise Program 10:30am
Ice Cream Making 2pm	Church Service 11am	Bowling/ Hockey 2pm	Tom Valliquette 2pm	Music with Hudson Majaury 2pm		Pen Pals 10am
30 Yoga 10am	Railway Tunnel and Lunch Outing 11am	Tim Hortons Night 6:30pm	Random Acts of Kindness 6:15pm	Pathways Music 6:15pm		Stuck in the Mud 2pm
Classic Reads 10:30am	24 Walking Program 9:noon	25 Chiropractist	26 Walking Program 9:noon	27 Exercise Program 10am		Montessori Art 2pm
Bowling 2pm	Exercise Program 10am	Exercise Program 10am	Exercise Program 10am	Manicures 10am		
Jeopardy 2pm	Church Service 11am	Storytelling 10am	Gardening 10:30am	Rummy and Scrabble 10am		
	Railway Tunnel and Lunch Outing 11am	Board Games 10am	IPod for Memories am	IPod for Memories am		
	Men's Night 6:30pm	Montessori Card Games 2pm	Food Four Ways 2pm	Music with Hudson Majaury 2pm		
	31 Walking Program 9:noon	Resident Council 2pm	Relaxing Massage 6:15pm	Pathways Music 6:15pm		
	Exercise Program 10am	Sensory Montessori 2pm				
	Board Games 10:30am	Tea and Toast 6:30				
	Doll Therapy 2pm					
	Tick Tac Toe Craft 2pm					
	A Look into the Past 2pm					
	IPod for Memories pm					
	Movie Night 6:15pm					